

Brain In Balance

Neurofeedback / Counselling

braininbalance.ca

778-389-3858



Client Name _____

Date Neurofeedback Begins _____

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
Problems																				
Hyperactive																				
Concentration																				
Doesn't listen																				
Impulsive																				
Procrastination																				
Aggressive																				
Anger																				
Tantrums																				
Tics/Stuttering																				
Restless/Fidgets																				
Moody																				
Poor motivatuon																				
Easily bored																				
Forgetful																				
Talkative																				
Insomnia problems																				
Sleeps too much																				
Nightmares																				
Appetite																				
Wetting/Soiling																				
Constipation																				
Irritable bowel																				
Stomach Problems																				
PMS																				
Body tension																				
Anxiety																				
Fears/Phobias																				
Panic Attacks																				
Flashbacks/Triggers																				
Constantly busy																				
Obsessive																				
Compulsive																				
Cries easily																				
Chronic fatigue																				
Depressed																				
Hopelessness																				
Suicidal thoughts																				
Low energy																				
Negative thoughts																				
Racing thoughts																				
Pain																				
Migraine/Headache																				
Seizures																				
Allergies																				
Asthma																				
Other																				